

THE ART OF THE SELF PORTRAIT

JACK ROSENBERG MATERIALS LIST

COLORS

Colors vary greatly by brand. If you have a set of colors close to these, bring them.
Generally better brands mix better: Vasari, Old Holland, Gamblin, Williamsburg.

Cremnitz (lead) White (OH) or **Flake White** (V, W, RD) [NOT Flake White Replacement or Hue, and NOT Gamblin]

Titanium White

Yellow Ochre

Naples Yellow

Raw Sienna

Vermillion

Red Ochre, or Venetian Red or **Flesh Ochre** (NOT flesh tint)

Alizarin Crimson

Red Umber

Raw Umber

Ivory Black

Cobalt Blue

Green Earth (Terre Verte)

Optional additional colors as you wish.

BRUSHES

Filbert: Badger, Sable, or Mongoose: 4, 6, 8, 10 and a couple of larger sizes (18, 24 or so).

Hog (Bristle): Filberts 2, 4, 6, 8, 10, 12 plus one larger 18-24 or so.

One 2" house-painting bristle brush.

MEDIUMS

One recipe of a standard medium:

1 Part Linseed Oil + 1 Parts Turps

SUPPORTS;

Linen. I recommend a good portrait linen, pre-primed (oil primed is best). The cotton duck prepared canvases are not wonderful to paint on.

Or **Wood Panel**, usually Birch Ply. (not masonite or MDF). These are available at Jerrys, Blick, SoHo Art, sometimes Utrecht. Or have a lumber yard cut a Grade A-1 (clear or select) seamless Birch.

Cover with thinned Acrylic Gesso. - 4 layers, lightly sanded between coats. Then two layers of Oil Primer.

Or **Watercolor Paper** (200# or better) sealed with 2 layers of shellac, then taped to a board or gelled to a canvas.

OTHER MATERIALS REQUIRED

Photographs (digital or prints), and Reference Materials, if you are using a reference.

Mirror (best to have a clip-on or with goose-neck and clamp to attach to easel)

Hand-held palette

Disposable Paper Palette (12 x 16 or larger)

Turpentine

Palette Knife (knives) of choice.

Paper towels (Viva, Scott blue shop towels)

Palette Cup: one for medium (optional: one for OMS)

Mahl Stick – if you are comfortable using it or would like to learn how.

Masterson Stay-Wet Palette or air-tight plastic box large enough for your mixed paints.