

THE ART OF THE SELF PORTRAIT

JACK ROSENBERG MATERIALS LIST

COLORS

Colors vary greatly by brand. If you have a set of colors close to these, bring them.
Generally better brands mix better: Vasari, Old Holland, Gamblin, Williamsburg.

Cremnitz White (OH) or **Flake White** (V, W, RD) [NOT Flake White Replacement or Hue, and NOT Gamblin]

Titanium White or **Utrecht Mixing White** or **SoHo White**

Yellow Ochre

Naples Yellow

Raw Sienna

Red Ochre, or **Venetian Red** or **Flesh Ochre** (NOT flesh tint)

Alizarin Crimson

Burnt Umber

Raw Umber

Ivory Black, or **Blue Black**

Ultramarine Blue

Green Earth (Terre Verte)

Optional additional colors as you wish.

BRUSHES

Round or Filbert: Badger, Sable, Ox or Mongoose: 6, 8, 10 and a couple of larger sizes (18, 24 or so).

Hog (Bristle): Filberts and/or Round: 2, 4, 6, 8, 10, 12, 18, 24

One 2" house-painting bristle brush.

MEDIUMS

One recipe of a standard medium:

1 Part Dammar Varnish + 1 Part Linseed Oil + 1 Parts OMS

Or: Galkyd.

Or: Eco House Heavy Dammar Medium.

SUPPORTS;

Linen. I recommend a good portrait linen, pre-primed (oil primed is best). The cotton duck prepared canvases are not wonderful to paint on. You can bring stretchers and canvas to class and we will stretch it together.

Or **Wood Panel**, usually Birch Ply. (not masonite or MDF). These are available at Jerrys, Blick, SoHo Art, sometimes Utrecht. Or have a lumber yard cut a Grade A-1 (clear or select) seamless Birch.

Cover with thinned Acrylic Gesso. - 4 layers, lightly sanded between coats. Then two layers of Oil Primer.

Or **Watercolor Paper** (200# or better) sealed with 2 layers of shellac, then taped to a board or gelled to a canvas.

OTHER MATERIALS REQUIRED

Photographs (digital or prints), and Reference Materials, if you are using a reference.

Mirror (best to have a clip-on or with goose-neck and clamp to attach to easel)

Disposable Paper Palette (12 x 16 or larger)

OMS (No Turpentine, please!) (Gamsol or Turpenoid or EcoHouse) in sealed container.

Palette Knife (knives) of choice.

Paper towels (Viva, Scott blue shop towels)

Palette Cup: one for medium (optional: one for OMS)

Mahl Stick – if you are comfortable using it or would like to learn how.

Masterson Stay-Wet Palette or air-tight plastic box large enough for your mixed paints.